

Little Friends Giant Sleepover 2021

All Island activity in Pack Level

A sleepover is when Little Friends spend one night with their pack in the school or a safe place. This night is planned out to bring out the creative and fun aspects of the young girls.

This year we plan to have a sleepover while staying at home from **5.00pm** on the **3rd July** to **8.00a.m** of the **4th July 2021**.

- Little friends need to arrange their bedding in your own home; a place on the floor, not in their bedroom indoor in the hall.
- Little friends can ask their siblings/cousins or a friend to join, if it is according to health regulations. They should not sleep with their parents.



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How to be ready

Pack a bag with the following Kit List

- Night wear- pajamas or nightdress
- One coloured dress
- One costume to dress up
- Underwear 1 set
- Towel, Bed sheet
- Slippers or sandals
- Plastic plate, mug a small bowl for dessert
- Spoon and tea spoon
- Napkin and Apron

Toiletries in a Toilet bag

- Toothbrush
- Toothpaste
- Soap
- Hairbrush or comb

Others Torch

- Torch
- Notebook
- Pen
- Ground sheet
- Raincoat

Sleeping bag or mat & a small pillow

Send all your pictures and a small report how you felt about the sleepover, to your sylvanna **before 7th July 2021.**

A registration fee of Rs.200/= to be given to your sylvanna.

[A certificate for participation will be issued to all participants.]



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Program

5.00p.m **Outdoor Cooking** with one family member (if weather is not good or you don't have space for outdoor cooking, you can cook in your kitchen)
Dinner- Rice/ noodles with some vegetables and fried/boiled egg

Please take a picture of outdoor cooking

6.00p.m **Arrange and decorate the sleeping area.** Come up with creative solutions to sleeping alone.

7.00p.m **Fashion show**

Find information about the five countries the World Centers are located and dress up dolls or yourself with one of their Traditional costume and have a fashion show. Try to put a new hairstyle matching your costume.

Can perform a dance or a song from one of the countries from above or play a game from that country with your family or tell your family a story from that country. (Option for the pack to meet online for this activity.)

Please take a picture

8.00p.m **Dinner** – Lay the ground sheet and have dinner with your family.

9.00p.m **Star Gazing**

Draw the night sky you see so that 3 constellations can be identified.

10.00p.m **Wash and Clean**

10.30p.m **Sweet dreams**

6.30 a.m **Rise and Shine**

6.45 a.m **Tea Time** (Little friends can make)

7.00a.m **keep fit** – exercise

7.30a.m **Breakfast** (Little friend choice)

Plan a simple Menu and present the menu card.

8.00a.m **Closing ceremony and reflection.**

(Option for the pack to meet online for this activity.)

Please take a picture

